

Raw Art Journaling Quinn Mcdonald

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Rosie's Daughters - Matilda Butler 2007

In *Rosie's Daughters*, Matilda Butler and Kendra Bonnett have written an inspiring collective memoir of the generation of women who excelled at "firsts." These women, born during World War II, were shaped by and then helped to shape the American historic, economic, political and socio-cultural landscape. They were the pioneers who charted the paths for the Boomer generation. From the vantage point of their sixties, they share their experiences and insights with their own and younger generations. The figurative mother of this generation, Rosie the Riveter, is a mythic figure in our culture, with good reason—she built ships, flew bombers and filled thousands of other essential wartime jobs, upending traditional views of "women's work." When the war was over, however, American industry thanked Rosie and sent her home. Rosie, who had known the economic dislocations of The Depression and the employment and service opportunities of the war period, raised her daughters with a mixed message - stay home as wife and mother - be prepared "in case." *Rosie's Daughters* grew up and flung wide the doors of employment opportunity that Rosie had unlocked. These women can claim more career "firsts" and greater socio-cultural change than any previous generation. Their stories, recounted in *Rosie's Daughters*, show how the post-war education boom, the sexual revolution and the Pill, civil rights and gender equality, the Vietnam War,

NOW and consciousness raising, Roe v. Wade, no-fault divorce and other momentous events influenced their lives and shaped their remarkable journeys. The book is a unique combination of personal stories, research, history, photography and the authors' reflections, engagingly written and beautifully presented. This is social history without the turgid prose, a compilation of interviews without the annoying interruption of flow—even a motivational book without the saccharine—in the appealing voice of perceptive authors. *Rosie's Daughters* will make you laugh and occasionally cry as you read the personal struggles and achievements of this remarkable generation of women who continue to influence our world. Learn from the lessons of their lives as you shape your future.

Doodle, Draw, Journal - Kristy Conlin 2013-06-14
Sketch. Doodle. Embellish. Repeat. Drawing can be anything you want, especially in your art journal. So if you think you can't draw, well, *Doodle, Draw, Journal: An Art Journaling Workbook* is here to prove you wrong. And to provide you with the guidance and inspiration you need to make sure everything YOU draw (or doodle) represents YOU. Featuring step-by-step demos from some of your favorite authors, you'll learn how to draw cool, stylized faces, decorative borders, graffiti and more. Much more. Plus, you'll find more than 75 pages of gently textured space to work so you can truly make this book your own. *Doodle, Draw, Journal*

includes: 18 demonstrations for drawing techniques such as silhouettes, flourishes, contours and faces. Oodles of doodling prompts so you're never left drawing a blank. Ample space for you to doodle, draw and journal right inside this book. Contributing artists include: Traci Bautista, author of *Collage Unleashed* and *Doodles Unleashed*. Randi Feuerhelm-Watts, author of *Wide Open*. The Journal Fodder Junkies, authors of *Journal Fodder 365* and *The Journal Junkies Workshop*. Quinn McDonald, author of *Raw Art Journal*. Melanie Testa, author of *Dreaming from the Journal Page*. Diana Trout, author of *Journal Spilling*. Violette, author of *Journal Bliss*. So go doodle. Go draw. Go journal your magnificent life.

[The Inner Hero Art Journal](#) - Quinn McDonald
2014-02-21

Presents instructions for using mixed media techniques that incorporate photographs, fabrics, ink, scripts, mosaic blocks, leaves, and eggshells to create a personal journal that explores issues of self worth and identity.

[The 365 Bullet Guide](#) - Zennor Compton
2017-10-24

Meet the bullet system: a revolutionary organization method that will increase both your efficiency and your creativity. The bullet method will provide you with a to-do list that is so foolproof that you will never miss a task or appointment again. When you learn the basic principles of the method, you can delve deeper into the process and allow it to help you organize your daily life, take note of past accomplishments, and plan your future. THE 365 BULLET BOOK is an easy-to-follow and essential guide to learning the bullet system. There's an exercise for every day of the year and each takes 365 seconds or less to complete. With simple, clear instructions, this book will show you how to incorporate the bullet method into your life as gradually or quickly as you like. The joy of bulleting is that it is both holistic and completely customizable to your own aesthetics and habits, so you can create your own journal from scratch and put into practice as many of the hundreds of ideas and techniques as your like such as habit trackers, sleep logs, handwriting exercises, and much more! Whether you're a doodling devotee or a to-the-point minimalist, THE 365 BULLET BOOK is your indispensable guide to an

elegantly organized life.

stART Journaling - Kristy Conlin 2013-06-14
Sketch. Collage. Paint. stART Journaling Now! Getting started is the hardest part, isn't it? Well that all ends here. stART Journaling: An Art Journal Workbook is an instruction guide and workbook created to help you eliminate all fear and anxiety of creating your first (or second or third) art journal page. With more than a dozen techniques from some of our best authors, you'll have no trouble finding ways to begin.

Guaranteed. And the best part? The journal is included! You'll find 60+ lightly textured pages right inside this book, and that means you never have to start on a scary, white page. Included in stART Journaling: Step-by-step demos and tips on dozens of art journaling techniques. Prompts and art journaling inspiration to help you get started, including a gallery of some amazing art journaling pages. Abundant space to journal right inside this book. Contributors include: Randi Feuerhelm-Watts, author of *Wide Open*. The Journal Fodder Junkies (David R. Modler and Eric M. Scott), authors of *Journal Fodder 365* and *The Journal Junkies Workshop*. Quinn McDonald, author of *Raw Art Journaling*. Kelly Rae Roberts, author of *Taking Flight*. Melanie Testa, author of *Dreaming from the Journal Page*. Diana Trout, author of *Journal Spilling*. Ready? Get stARTed today!

Generation T - Megan Nicolay 2006-01-01
An ingenious craft handbook explains how to transform the ordinary T-shirt into a wide variety of fashionable clothing, accessories, and other items, with detailed instructions for more than 120 innovative projects, including braided rugs, tablecloths, pillows, skirts, a purse, and more. Original.

[Art Journals and Creative Healing](#) - Sharon Soneff 2011-02-09

A beautiful, artistic offering that offers projects on challenging, but universal subjects. In follow up to *Faith Books & Spiritual Journaling*, author Sharon Soneff will continue to show that there is a richer, deeper reward to artistic, creative journals beyond the beauty they supply. In this new volume, *Art Journals & Creative Healing*, she demonstrates with real excerpts from beautiful and unusual artistic journals that the process of journaling can be a tool in navigating through some of life's more challenging

seasons, as well as a tool to support personal growth and achievement. Challenging and complex experiences are treated with dignity and sensitivity, and will inspire readers dealing with their own issues, by placing the greater emphasis on the positive outcome that was yielded for the artist who is willing to be vulnerable in the process. Hope, growth, and healing are at the center of each work, and help deliver the message of the book. Additionally, the ideas, artistic approaches, and resources provided by the author and numerous contributing artists will help the reader with creative ideas for working through various situations through their reflective and artistic journal keeping. Through a marriage of beautiful imagery, uplifting and literary quotations, and other rich sources, *Art Journals & Creative Healing* offers its audience a full-bodied experience pertaining to creative journals, along with journaling worksheets and journal prompts to help readers get started with their own journals. Specific topics to be addressed would include using mediums as metaphors, journaling for cathartic expression, gaining wisdom through introspection and reflection, finding strength in the midst of suffering, and finding beauty in pain. *Art Journals & Creative Healing* is a supportive and encouraging text offered as a creative companion of sorts for those traversing over the obstacles and overcoming the challenges of life.

1,000 Artist Journal Pages - Dawn DeVries Sokol
2008-07-01

Over 1,000 journal pages presented in one beautiful full-color book *Journals* offer their makers a safe place to dream, doodle, rant, and reinvent themselves. They offer viewers rich, visual inspiration. There is a fascination with these revealing and often beautiful pages of self-exploration and personal expression. *Journals* offer a tantalizing, voyeuristic view of an interior life. This would be the first book to offer examples of over 1000 journal pages in one eye-catching, visual format, and would attract a wide swathe of artists who fully embrace or experiment with this medium. Journaling has seeped into popular culture in a big way and this collection provides a wide array of ideas, techniques and themes to inspire and inform mixed media and journaling enthusiasts.

The Complete Decorated Journal - Gwen Diehn 2012

Provides instructions for creating decorated journals, describing journal materials, papers, paints, and pens, and such decorative techniques as collage, text, layers, borders, grids, columns, and diagonals.

Montauk - Nicola Harrison 2019-06-04

An epic and cinematic novel by debut author Nicola Harrison, *Montauk* captures the glamour and extravagance of a summer by the sea with the story of a woman torn between the life she chose and the life she desires. Montauk, Long Island, 1938. For three months, this humble fishing village will serve as the playground for New York City's wealthy elite. Beatrice Bordeaux was looking forward to a summer of reigniting the passion between her and her husband, Harry. Instead, tasked with furthering his investment interest in Montauk as a resort destination, she learns she'll be spending twelve weeks sequestered with the high society wives at The Montauk Manor—a two-hundred room seaside hotel—while Harry pursues other interests in the city. College educated, but raised a modest country girl in Pennsylvania, Bea has never felt fully comfortable among these privileged women, whose days are devoted not to their children but to leisure activities and charities that seemingly benefit no one but themselves. She longs to be a mother herself, as well as a loving wife, but after five years of marriage she remains childless while Harry is increasingly remote and distracted. Despite lavish parties at the Manor and the Yacht Club, Bea is lost and lonely and befriends the manor's laundress whose work ethic and family life stir memories of who she once was. As she drifts further from the society women and their preoccupations and closer toward Montauk's natural beauty and community spirit, Bea finds herself drawn to a man nothing like her husband—stoic, plain spoken and enigmatic. Inspiring a strength and courage she had almost forgotten, his presence forces her to face a haunting tragedy of her past and question her future. Desperate to embrace moments of happiness, no matter how fleeting, she soon discovers that such moments may be all she has, when fates conspire to tear her world apart...

My Body - Emily Ratajkowski 2021-11-09

INSTANT NEW YORK TIMES BESTSELLER "My Body offers a lucid examination of the mirrors in which its author has seen herself, and her indoctrination into the cult of beauty as defined by powerful men. In its more transcendent passages . . . the author steps beyond the reach of any 'Pygmalion' and becomes a more dangerous kind of beautiful. She becomes a kind of god in her own right: an artist." —Melissa Febos, *The New York Times Book Review* A "MOST ANTICIPATED" AND "BEST OF FALL 2021" BOOK FOR * VOGUE * TIME * ESQUIRE * PEOPLE * USA TODAY * CHICAGO TRIBUNE * LOS ANGELES TIMES * SHONDALAND * ALMA * THRILLEST * NYLON * FORTUNE A deeply honest investigation of what it means to be a woman and a commodity from Emily Ratajkowski, the archetypal, multi-hyphenate celebrity of our time Emily Ratajkowski is an acclaimed model and actress, an engaged political progressive, a formidable entrepreneur, a global social media phenomenon, and now, a writer. Rocketing to world fame at age twenty-one, Ratajkowski sparked both praise and furor with the provocative display of her body as an unapologetic statement of feminist empowerment. The subsequent evolution in her thinking about our culture's commodification of women is the subject of this book. My Body is a profoundly personal exploration of feminism, sexuality, and power, of men's treatment of women and women's rationalizations for accepting that treatment. These essays chronicle moments from Ratajkowski's life while investigating the culture's fetishization of girls and female beauty, its obsession with and contempt for women's sexuality, the perverse dynamics of the fashion and film industries, and the gray area between consent and abuse. Nuanced, fierce, and incisive, My Body marks the debut of a writer brimming with courage and intelligence.

The Lightning Thief - Rick Riordan 2010-02-02 Percy Jackson is about to be kicked out of boarding school...again. And that's the least of his troubles. Lately, mythological monsters and the gods of Mount Olympus seem to be walking straight out of the pages of Percy's Greek mythology textbook and into his life. Book #1 in the NYT best-selling series, with cover art from the feature film, *The Lightning Thief*.

The Parting Glass - Gina Marie Guadagnino 2020-04-07

"Downton Abbey meets Gangs of New York...a gem of a novel to be inhaled in one gulp" (Kate Quinn, *New York Times* bestselling author) about a devoted maid whose secretive world is about to be ripped apart at the seams—a lush and evocative debut set in 19th century New York that's perfect for fans of Sarah Waters's *Fingersmith* and Emma Donoghue's *Slammerkin*. By day, Mary Ballard is dutiful lady's maid to Charlotte Walden, a wealthy and accomplished belle of New York City high society. But Charlotte would never trust Mary again if she knew the truth about her devoted servant's past. On her nights off, Mary sheds her persona as prim and proper lady's maid to reveal her true self—Irish exile Maire O'Farren. She finds release from her frustration in New York's gritty underworld—in the arms of a prostitute and as drinking companion to a decidedly motley crew consisting of members of a dangerous secret society. Meanwhile, Charlotte has a secret of her own—she's having an affair with a stable groom, unaware that her lover is actually Mary's own brother. When the truth of both women's double lives begins to unravel, Mary is left to face the consequences. Forced to choose between loyalty to her brother and loyalty to Charlotte, between society's respect and true freedom, Mary finally learns that her fate lies in her hands alone. A captivating historical fiction of 19th century upstairs/downstairs New York City, *The Parting Glass* examines sexuality, race, and social class in ways that feel startlingly familiar and timely. A perfectly paced, romantically charged "story of the sumptuous world of the privileged and the precarious, difficult environs of the immigrant working poor is highlighted by vibrant characters and a well-paced plot, which will pull readers into the tangled tale" (*Publishers Weekly*).

The Art of Whimsical Lettering - Joanne Sharpe 2014-03-17

A "font" of information on lettering styles! *The Art of Whimsical Lettering* is an artful instruction book on creating stylized fonts and expressive artwork with personal handwriting skills. Author Joanne Sharpe shows you how to create exuberant and personalized writing styles for your artwork—whether it be a journal,

canvas art, or other projects that use text. After an overview of Joanne's favorite tools and surfaces, take a peek into Joanne's personal lettering journal to discover how you too can collect inspiration, hone your lettering skills, and tap into your natural creativity. Joanne then demonstrates twenty art techniques for creating a variety of lettering styles using many different tools. She provides you with fifteen basic alphabets, ranging from simple pen-and-ink renditions to increasingly elaborated texts that reference calligraphy, vintage fonts, and doodle art, among other styles. Joanne also teaches you how to turn prosaic lettering into page art itself, merging text into illustration, or ornamenting words with decorative drawings.

[Inner Hero Creative Art Journal](#) - Quinn McDonald 2014-01-24

Dear Inner Critic, meet your inner heroes! As a creative person, you are familiar with the critic--that nagging presence in your head that is always trying to point out your shortcomings. But there is hope: Your inner heroes are also always with you at your worktable. Through the creation of your personal Inner Hero Creative Art Journal (a series of loose-leaf cards, each with a new mixed-media technique), you will invite an inner conversation that will illuminate your best self. Your inner Scribe, Tarot Reader, Alchemist, Gardener and Wise Woman each long to be introduced to your inner critic and to show you a positive and more supportive perspective. Those who wish to step up to their inner critic will soon hear a gentler voice. • Overcome negative self-talk--Each chapter introduces a variety of ideas and exercises to release your inner heroes. • Discover a new format--Loose-leaf watercolor pages become art-journaled cards you will use over and over again to make meaning of your journey. • Mixed media techniques--Discover art-making techniques using inks, photos, watercolors, fabric, eggshells and more to use in your own art journaling. • Additional online content--Links to downloadable worksheets and inspiring variations are sprinkled throughout the book. Step out of the critic's shade and into the warmth and comfort of your own creative light.

Create Your Life Book - Tamara Laporte 2017-12-19

Inspired by artist Tamara Laporte's popular

online art classes (willowing.org), *Create Your Life Book* presents 18 step-by-step mixed-media drawing and painting projects that encourage self-fulfillment through the creative process. Tamara's kind, non-judgmental voice guides your way. What is holding you back? Where do you want to go? Let go of the past! Use these expressive exercises to help you recognize your personal challenges and other obstacles, then work through them. Let go of limiting beliefs, find courage, feel gratitude, heal pain, and develop self-love as you playfully create. Each themed chapter presents four to five two-part projects. First, you will explore a common issue that hampers creativity and/or positive self-worth. The second portion is a step-by-step mixed-media art project designed to help you work through that issue. Just a few of the explorations: Let go of what no longer serves you by taking stock of what's holding you back, then create a zentangle butterfly to symbolize you flying away from those limiting things. Embrace and love your inner quirky bird by taking an inventory of your quirky traits, then create a bird that celebrates them. Heal old wounds by writing a letter to yourself as a child, then create a house to keep your inner child safe. Adding rich variety to the messages and art inspiration, some of the project outlines have been contributed by Tamara's guest teachers: Roxanne Coble, Andrea Gomoll, Alena Hennessy, Mystele Kirkeeng, Ivy Newport, and Effy Wild, each of whom are noted mixed-media artists in their own right. The final chapter presents a simple binding method for creating a keepsake book of your Life Book projects. Steeped in inspirational images and uplifting affirmations, *Create Your Life Book* can help you achieve both personal and creative growth.

How to Draw: Easy Step by Step Guide to Learn Drawing for ... -

[The Complete Color Harmony, Pantone Edition](#) - Leatrice Eiseman 2017-10-24

"The only color guide a designer will ever need. Completely updated with Pantone colors and new text by Leatrice Eiseman, America's Color Guru"--

Art Journals Unbound with Quinn McDonald - Quinn McDonald 2014-07-31

Discover unbound art journals and how to make

a variety of carriers for those loose-leaf pages in this workshop. Create a woven-paper binder to flip through your pages, and a no-sew burlap folder to tuck the pages away. Decorate boxes using acrylic painting techniques such as acrylic skins and sponging, and use them to store even the smallest of journal pages. Along the way, Quinn will share tips and tricks for adapting these projects to fit the various sizes and purposes of your art journal pages. Complete 4 containers for your unbound journals Learn more than 15 mixed-media techniques 80 minutes of premier workshop instruction.

Modern Calligraphy and Hand Lettering - Lisa Engelbrecht 2010-09-01

The book demonstrates the uses of traditional and cutting edge lettering tools, from classic calligraphy pens to bling-producing metallic foils and glue pens. It introduces a wide array of lettering styles with complete alphabets sample artworks that show an application. Fully stepped-out illustrations break down each letterform, taking the reader through each stroke and a large collection of gallery images provides further inspiration for how to use creative lettering in artwork. Calligraphy, the art of elegant, beautiful lettering, has increased in popularity over the last several years. From brides who want to address their wedding invitations to do-it-yourselfers who want to prepare certificates or make a family tree, and even for art journalers and scrapbookers who like creative text in their works, calligraphy books and classes are hot. This new-in-paperback book will spark the interest of the calligraphy novice by introducing a new approach to lettering, one that combines a lively combination of traditional lettering styles, fun and scripty modern styles, and artsy street-style lettering, along with project ideas that incorporate creative lettering.

Contemporary Drawing - Margaret Davidson 2014-01-07

Drawing is experiencing an unparalleled surge in the art world. Passé notions that once defined drawing as being a preparatory stage for painting or sculpture have long since been cast aside. Drawing is now fully recognized as its own art form—in the biennials, art fairs, museum exhibitions, and beyond. Drawing has come of age. Contemporary artists are increasingly

discovering that drawing is something unique and different from painting. It is an intense, sensitive, compelling, personal, and utterly direct art form, one with its own concepts, characteristics, and techniques. In addition, contemporary drawing is not governed by any particular imagery, but rather encompasses a variety of approaches, including realist, abstract, modernist, and post-modernist. Contemporary Drawing delves into the essential and far-reaching concepts of this medium, exploring surface, mark, space, composition, scale, materials, and intentionality in turn. Key techniques, such as using nature to induce marks and working with a checklist to determine a drawing's problems, are introduced throughout. Plus, an in-depth chapter examines a number of artists, such as William Kentridge and Gego, who are breaking traditional boundaries that separate one artistic discipline from another. Lushly illustrated by a wide range of highly accomplished contemporary artists, Contemporary Drawing offers a broad perspective on this expansive and energized field of art.

Balanced Scorecard Step-by-Step - Paul R. Niven 2002-10-15

This book explains how an organization can measure and manage performance with the Balanced Scorecard methodology. It provides extensive background on performance management and the Balanced Scorecard, and focuses on guiding a team through the step-by-step development and ongoing implementation of a Balanced Scorecard system. Corporations, public sector agencies, and not for profit organizations have all reaped success from the Balanced Scorecard. This book supplies detailed implementation advice that is readily applied to any and all of these organization types. Additionally, it will benefit organizations at any stage of Balanced Scorecard development. Regardless of whether you are just contemplating a Balanced Scorecard, require assistance in linking their current Scorecard to management processes, or need a review of their past measurement efforts, Balanced Scorecard Step by Step provides detailed advice and proven solutions.

Principles of Management - Openstax 2022-03-25

Principles of Management is designed to meet the scope and sequence requirements of the introductory course on management. This is a traditional approach to management using the leading, planning, organizing, and controlling approach. Management is a broad business discipline, and the Principles of Management course covers many management areas such as human resource management and strategic management, as well as behavioral areas such as motivation. No one individual can be an expert in all areas of management, so an additional benefit of this text is that specialists in a variety of areas have authored individual chapters. Contributing Authors David S. Bright, Wright State University Anastasia H. Cortes, Virginia Tech University Eva Hartmann, University of Richmond K. Praveen Parboteeah, University of Wisconsin-Whitewater Jon L. Pierce, University of Minnesota-Duluth Monique Reece Amit Shah, Frostburg State University Siri Terjesen, American University Joseph Weiss, Bentley University Margaret A. White, Oklahoma State University Donald G. Gardner, University of Colorado-Colorado Springs Jason Lambert, Texas Woman's University Laura M. Leduc, James Madison University Joy Leopold, Webster University Jeffrey Muldoon, Emporia State University James S. O'Rourke, University of Notre Dame

Raw Art Journaling - Quinn McDonald
2011-06-24

Meaning in life is made, not found. In a raw-art journal, you don't need to know how to draw; you don't need to know how to write well. You don't need worry about messing up techniques you've never attempted before inside your raw-art journal. You just need to be you because raw art is you and it thrives on creative play, on experimentation and even on making mistakes. Raw Art Journaling will teach you how to embrace your art, confront negative self-talk (a.k.a., your gremlin) and make meaning with your words and with your art. Inside Raw Art Journaling you'll discover how to:

- Write meaningful thoughts with a single sentence
- Create thought-provoking poems through found poetry
- Uncover images hidden in your photos
- Make personal meaning with the simplest of lines
- Finally feel free to make mistakes
- Use clever techniques to keep your secrets secret

Quiet your gremlin, grab your permission slip (it's on page 19) and start making meaning in your own raw-art journal today!

Finding Voice - Kim Berman 2017-12-22

In *Finding Voice*, Kim Berman demonstrates how she was able to use visual arts training in disenfranchised communities as a tool for political and social transformation in South Africa. Using her own fieldwork as a case study, Berman shows how hands-on work in the arts with learners of all ages and backgrounds can contribute to economic stability by developing new skills, as well as enhancing public health and gender justice within communities. Berman's work, and the community artwork her book documents, present the visual arts as a crucial channel for citizens to find their individual voices and to become agents for change in the arenas of human rights and democracy.

No Excuses Art Journaling - Gina Rossi Armfield
2013-12-31

Kiss those excuses goodbye! "I don't have time." "I don't know what to journal about." "I can't keep the momentum going." Sound familiar? What are your excuses for not spending time with your art journal? Get ready to cast those excuses aside because Gina Rossi Armfield's *No Excuses Art Journaling* offers a no-fail approach to art journaling. Using a day planner as your art journal, you'll find daily, weekly and monthly prompts that you can adapt to fit your real-life, busy schedule. Along the way, you'll learn fun and convenient techniques to add sketching, watercolor painting, collage and more into your journal, all while setting goals, creating art and chronicling your unique life. Inside *You'll Find*:

- More than 20 mixed-media art journaling techniques demonstrated step-by-step so you can add color, style and life ephemera to your journal.
- 6 pages of journaling prompts and tips for every month of the year.
- Dozens of inspirational art journal pages by Gina and 12 guest artists to show how you can make the *No Excuses* program decidedly yours. Grab your journal and pen, and kick your excuses to the curb!

Swimming Lessons - Lili Reinhart 2020-09-29
Instant New York Times Bestseller The debut collection of poetry from Lili Reinhart, the actress and outspoken advocate for mental

health awareness and body positivity. I seem to be your new favorite novel. One that keeps you up at night, turning my pages. Fingers lingering on me so you don't lose your place. *Swimming Lessons* explores the euphoric beginnings of young love, battling anxiety and depression in the face of fame, and the inevitable heartbreak that stems from passion. Relatable yet deeply intimate, provocative yet comforting, bite-sized yet profound, Lili's poems reflect her trademark honesty and unique perspective. Accompanied by striking and evocative illustrations, *Swimming Lessons* reveals the depths of female experience, and is the work of a storyteller who is coming into her own.

Mixed Media Storytelling Workbook - Kristy Conlin 2013-06-14

So, What's Your Story? You know you've got one! And *Mixed Media Storytelling Workbook: Art Journaling Inspiration, Words and Prompts* is here to help you tell it and turn it into a personal and meaningful work of art. No matter where you are in your journey, this art journaling workbook is the perfect companion. With twenty techniques, projects and words of wisdom from some of our best-selling authors, it is easier than ever to find the inspiration you need. Plus, you'll have plenty of space for adding photos, collages and more in the 75+ lightly textured pages here, in your book. So what are you waiting for?

Document your story for yourself, or the world! Inside this Workbook: Dozens of tips, prompts and techniques to help you create your story. Advice and encouragement from eight of our favorite authors. More than eighty pages for you to tell your tale in the most artful way possible--your way! Contributors include: Traci Bautista, author of *Collage Unleashed* and *Doodles Unleashed*. Randi Feuerhelm-Watts, author of *Wide Open*. The Journal Fodder Junkies (Eric M. Scott and David R. Modler), authors of *Journal Fodder 365* and *The Journal Junkies Workshop*. Liz Lamoreux, author of *Inner Excavation*. Quinn McDonald, author of *Raw Art Journaling*. Diana Trout, author of *Journal Spilling*. Violette, author of *Journal Bliss*. We all have a story to tell. Isn't it time you told yours?

Diagnosing and Changing Organizational Culture - Kim S. Cameron 2011-01-07

Diagnosing and Changing Organizational Culture provides a framework, a sense-making

tool, a set of systematic steps, and a methodology for helping managers and their organizations carefully analyze and alter their fundamental culture. Authors, Cameron and Quinn focus on the methods and mechanisms that are available to help managers and change agents transform the most fundamental elements of their organizations. The authors also provide instruments to help individuals guide the change process at the most basic level—culture. *Diagnosing and Changing Organizational Culture* offers a systematic strategy for internal or external change agents to facilitate foundational change that in turn makes it possible to support and supplement other kinds of change initiatives.

Creative Calling - Chase Jarvis 2019-09-24
Life isn't about "finding" fulfillment and success - it's about creating it. Why then has creativity been given a back seat in our culture? No longer. ** A Wall Street Journal, Los Angeles Times and Publishers Weekly Bestseller **
Creativity is a force inside every person that, when unleashed, transforms our lives and delivers vitality to everything we do.

Establishing a creative practice is therefore our most valuable and urgent task - as important to our well-being as exercise or nutrition. The good news? Renowned artist, author, and CreativeLive founder, Chase Jarvis, reminds us that creativity isn't a skill—it's a habit available to everyone: beginners and lifelong creators, entrepreneurs to executives, astronauts to zookeepers, and everyone in between. Through small, daily actions we can supercharge our innate creativity and rediscover our personal power in life. Whether your ambition is a creative career, completing a creative project, or simply cultivating a creative mindset, *Creative Calling* will unlock your potential via Jarvis's memorable "IDEA" system: · Imagine your big dream, whatever you want to create—or become—in this world. · Design a daily practice that supports that dream—and a life of expression and transformation. · Execute on your ambitious plans and make your vision real. · Amplify your impact through a supportive community you'll learn to grow and nurture.

Good and Cheap - Leanne Brown 2015-07-14
A perfect and irresistible idea: A cookbook filled with delicious, healthful recipes created for

everyone on a tight budget. While studying food policy as a master's candidate at NYU, Leanne Brown asked a simple yet critical question: How well can a person eat on the \$4 a day given by SNAP, the U.S. government's Supplemental Nutrition Assistance Program informally known as food stamps? The answer is surprisingly well: Broiled Tilapia with Lime, Spicy Pulled Pork, Green Chile and Cheddar Quesadillas, Vegetable Jambalaya, Beet and Chickpea Salad—even desserts like Coconut Chocolate Cookies and Peach Coffee Cake. In addition to creating nutritious recipes that maximize every ingredient and use economical cooking methods, Ms. Brown gives tips on shopping; on creating pantry basics; on mastering certain staples—pizza dough, flour tortillas—and saucy extras that make everything taste better, like spice oil and tzatziki; and how to make fundamentally smart, healthful food choices. The idea for *Good and Cheap* is already proving itself. The author launched a Kickstarter campaign to self-publish and fund the buy one/give one model. Hundreds of thousands of viewers watched her video and donated \$145,000, and national media are paying attention. Even high-profile chefs and food writers have taken note—like Mark Bittman, who retweeted the link to the campaign; Francis Lam, who called it “Terrific!”; and Michael Pollan, who cited it as a “cool kickstarter.” In the same way that TOMS turned inexpensive, stylish shoes into a larger do-good movement, *Good and Cheap* is poised to become a cookbook that every food lover with a conscience will embrace.

[Alphabetica](#) -

Where's My F*cking Latte (and Other Stories About Being an Assistant in Hollywood) - Mark Yoshimoto Nemcoff

The Kindle Bestselling book featured on TV's "ACCESS HOLLYWOOD" DIRTY LITTLE SECRETS... Every movie and TV star has one. So does every agent and manager. Some producers and studio execs have two or even three. I'm talking about an assistant. Someone to answer your phones, pick up your dry cleaning. Someone to hide your drugs. Your assistant knows what you eat, who you're sleeping with and what medications you're taking. They listen in on your phone calls. They are the eyes and

ears of Hollywood... and occasionally they talk. Culled from dozens of interviews with former and current Hollywood assistants, *Where's My F*cking Latte* is a no-holds barred insider's look at what really goes on behind Tinseltown's closed doors. PRAISE FOR "WHERE'S MY F*CKING LATTE?" "I can tell you firsthand that what goes on behind-the-scenes of Hollywood's glittering facade is usually shocking, insane and full of sex offers. *Where's My F*cking Latte* perfectly captures the abusive and often hysterically unbelievable world of celebs and Tinseltown power-brokers and the culture of excess and entitlement they live in. Two thumbs WAY, WAY UP!" - Daniella Cracknell, Publicist to many of TV's iconic stars from Dick Clark, Howie Mandel, Geraldo Rivera, Mario Lopez to name a few... ABOUT THE AUTHOR: Mark Yoshimoto Nemcoff is a bestselling and award-winning author living in Los Angeles who has been known to occasionally moonlight as a TV host, voice-over artist and rock journalist. A professional composer of music for television for many years, opportunity knocked and transformed him into a screen/TV writer and author featured on "Access Hollywood." Then a podcast recorded in his car became a weeknightly drive-time radio show on Sirius Sateillite Radio. This led to a handsome feature in *Playboy Magazine* that compared Mark to Howard Stern and Jon Stewart.

More Fabric Art Collage - Rebekah Meier
2012-04-01

Take your creativity to another level with this collection of more than 60 surface-design techniques and 7 richly layered projects. In this follow-up to her bestselling first book, *Fabric Art Collage-40+ Mixed Media Techniques*, Rebekah inspires you even more to stretch the boundaries of fabrics, papers, and fibers. Learn how to combine techniques like resists and image transfers with unique surfaces, embellishments, and found objects to create dimensional works of art. Transform everyday materials such as batting and foil into something even more extraordinary than you ever dreamed was possible! • Learn the basics of working with paints and other mediums on creative surfaces • Mixed-media artists at any skill level will find something fresh and fascinating to try Praise for *More Fabric Art Collage* “Sixty new surface-

design techniques will keep you busy creating with everyday objects, new products, and a variety of materials. . . . Whether you're new to mixed media or a veteran, More Fabric Art Collage has the information and visual inspiration to get you on the road to discovery and creativity." —Barbara Delaney, Cloth Paper Scissors

Goya - Robert Hughes 2004

A critical analysis of the life and work of legendary Spanish artist Francisco Jose de Goya y Lucientes.

Keeping Secrets in Your Art Journal - Quinn McDonald 2011-10-28

To keep a meaningful journal, you need to feel comfortable and believe your secrecy is respected, right? If so, you have two options. You might choose to journal in a way in which your secrets are hidden away forever from everyone, including yourself--"lock them up and throw away the key! Or perhaps you'd prefer to be able to check in on them in the future; there are many ways to hide your words that can be reversed later. An excerpt from the popular book, *Raw Art Journaling* by Quinn McDonald, *Keeping Secrets in Your Art Journal* shares many methods for keeping secrets secret, from overwriting to tangled language to code-talking and more.

Where Love Lies - Julie Cohen 2016-08-09

When Felicity steps off the train on the way to meet her husband, she is so sure of everything in her life. Where she is headed, what she will order at the restaurant, the first words her husband will say to her when she arrives, their happy future together. But then she catches a scent of perfume in the air, and suddenly she is overcome by forgotten emotions--passionate memories of another man she loved many years ago. As the feelings continue to surface again and again, Felicity begins to question the life she thought she knew so well. She doesn't doubt that she loves her husband, but does she owe it to herself to explore these overwhelming emotions that have taken hold of her? Or is her mind simply playing tricks on her heart? How can she know where love truly lies? And when she finds out, will it be too late? Julie Cohen's *Where Love Lies* is a novel that will capture both your heart and mind.

Every Good Boy Deserves Fudge - Rod L.

Evans Ph.D. 2007-06-21

When is a "tulip"* not a flower? When it's one of hundreds of mnemonic devices in this comprehensive sourcebook. From remembering the notes on a scale (Every Good Boy Deserves Fudge) to correctly performing geometric equations (Soh-Cah-Toa) to using "HOMES" for conjuring up the Great Lakes (Huron Ontario Michigan Erie Superior), mnemonic devices have helped countless students, teachers, and trivia buffs recall key information in a snap--using anagrams, clever rhymes, and word games. In this comprehensive guide, readers will find a wide spectrum of ingeniously simple mnemonic devices for recalling facts about: - Science - Math - Geography - Religion - Literature - Music - Social Studies - Law - Aviation - Zodiac - Spelling - Mythology - World History - Sports - And more *Total Depravity, Unconditional Election, Limited Atonement; Irresistible Grace, and Perseverance of the Saints (The Five Tenets of Calvinism)

Kirigami Greeting Cards and Gift Wrap -

Florence Temko 2013-04-09

This book explores the Japanese art of paper cutting through a collection of kirigami greeting cards and gift wraps. Kirigami is an ideal pastime for both adults and children alike. You'll be amazed at the intricate and beautiful projects you can create with just a piece of paper and a pair of scissors. This is a wonderful book for anyone who enjoys creating with their hands. Renowned origami artist Florence Temko fills this book with truly unforgettable projects. The 25 origami projects in this book provide great ideas for every occasion, with Heart Variations For Your Valentine, Pop-ups, Dress-up Paper Dolls, Gift Box Borders, Woven Gift Wrap, Appliqued Gift Bag, and many, many more! The projects and simple instructions will appeal to anyone who crafts for fun or as an activity.

Journal Sparks - Emily K. Neuburger

2017-04-18

Using words, drawing, collage, and observation-based list-making, award-winning author Emily K. Neuburger highlights the many paths into journaling. Her 60 interactive writing prompts and art how-tos help you to expand your imagination and stimulate your creativity. Every spread invites a new approach to filling a page, from making a visual map of a day-in-my-life to

turning random splotches into quirky characters for a playful story. It's the perfect companion to all those blank books and an ideal launchpad to explore creative self-expression and develop an

imaginative voice — for anyone ages 10 to 100!
Teachers' Choice Award Winner Mom's Choice Awards Winner Foreword INDIES Gold Award Winner National Parenting Product Awards Winner